

HELP DURING TIMES OF WEAKNESS

By Pastor Greg Hooker

“Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered” (Romans 8:26).

Have you ever felt as though you ‘need’ to pray, but don’t know what to pray for, or how to go about it? Your heart is heavy and your soul is so burdened that it is difficult, if not impossible to bring your petitions before the Lord? At times like this, God’s Spirit, who lives within us, “helpeth” us.

The word “helpeth” comes from a Greek word meaning ‘to aid, or assist’. Thus, the Holy Spirit, who lives within the believer, ‘aids’ and ‘assists’ us as a friend might come along and help us carry a load for which is too heavy for us to bear alone.

So often in our Christian lives we become weak and simply give out under loads of heavy burdens – the burden of lost loved ones, the load of sorrow brought on by the death of a friend or family member, and the afflictions of temptations and trials brought on by the Enemy. It is during these times that our Helper, the Holy Spirit, shares the load and aids us as we intercede unto the Father.

Do you have burdens too heavy to bring before the Lord? Ask the Holy Spirit to aid and assist you. He stands willing and able to speak to the Father with “groanings which cannot be uttered”.

Dear Lord, many times in our Christian journey we find ourselves weighted down with intense burdens – burdens we simply lack the ability to bear alone. Thank you for assisting and aiding us during these times with the help of the Holy Spirit. Apart from Him, we would be bogged down and unable to move forward in your kingdom.

In Jesus name, your son, Pastor Greg.