

WHY I WRITE OUT MY PRAYERS

– By Pastor Greg Hooker

“Praise ye the LORD. O give thanks unto the LORD; for he is good: for his mercy endureth for ever”
(Psalms 106:1).

One of my favorite books in the Bible is that of Psalms. The Psalms is a collection of prayers and praises to the Lord. They were written, past down to us and included in the Holy Scriptures. They are intended to encourage, exhort and give us strength in our daily walk as Christians.

It was common during that time to write out prayers – hence the Psalms. In doing so it disciplined the writer to focus their mind on what they were saying. Furthermore, it trained their minds to avoid distractions, and in the case of the Psalms, written prayers can be passed on to others to be a blessing to them.

Have you ever been praying and all of a sudden you find yourself thinking about what the kids are going to wear to church on Sunday? Maybe you begin thinking of the supper menu, or a problem at work that needs your attention. All these thoughts are good and require consideration, but not when you are praying and praising the Lord. When we go before Him, we need to give our undivided attention to the task at hand – conversing with the Lord. That is why I like to write out my devotions and prayers. Some prayers I share with others, while some are private and too personal to be shared. Give it a try sometime. Write out your prayers and experience the difference – it may very well change your prayer life! Someday you may pass them along to your children as a legacy and tribute to your faithfulness to the Lord – wow...think about that witness!

Dear Heavenly Father, let us not forget the importance of directing our praise and worship to you on a regular basis. Whether we write our prayers, or not – may we be faithful in approaching your throne, as it is our duty and privilege. Thank you for allowing us access before your holy sovereignty.

In Jesus name, your son, Pastor Greg – Amen.